FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPR	OVAL
OMB Number:	3235-0287
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1. Name and Address of Reporting Person* <u>Vermillion Dennis P</u>				2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]									onship of Reporting all applicable) Director		g Pers	10% Ov	vner		
(Last) 1411 E M	(Firs	,	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/15/2008								X Officer (give title Other (specification) Vice President					specify
(Street) SPOKANE WA 99202 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year) Solution 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person								n					
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transc Date (Month/L							3. 4. Securit Transaction Code (Instr. 5)		ties Acquir	ed (A) o	nd !	5. Amount of		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Common Stock - Restricted Shares (02/15	5/2008		Code	v	Amount 1,300	(A) or (D)	_		Transaction(s) (Instr. 3 and 4)			D			
Common Stock held in 401(k) Investment Plan													6,7	6,762			by Trustee		
		Ta									osed of, onvertil				vned			,	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	n Date,	4. Transaction Code (Instr. 8)		n of		Expiratio	6. Date Exercisa Expiration Date (Month/Day/Yea		7. Title and Amount of Securities Underlying Derivative Sect (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e Ow s For lly Dire or I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
D. (Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amou or Numb of Share	er					
Performance	(2)	02/15/2008	I		Δ	1	5 100	I	(3)	- 1	(3)	Common	I 5 10	n I ¢	21.54	5 100	,	l D	1

Explanation of Responses:

- 1. Restricted shares vest one-third each year over a three-year period and are payable in Avista Corp. Common stock at the end of each year in the three-year period.
- 2. No conversion price. Shares awarded if performance measure is met.
- 3. Each performance cycle is three years in length. Shares will be issued at the end of each three-year cycle if performance measure is met.

/s/ Dennis P. Vermillion 02/19/2008

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.