## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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Estimated average burden									
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Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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FORM 4

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <sup>*</sup> <u>MEYER DAVID J</u>				2. Issuer Name and Ticker or Trading Symbol <u>AVISTA CORP</u> [ AVA ]							ationship of Reportin all applicable) Director	10% 0	Dwner		
			3. Date of Earliest Transaction (Month/Day/Year) 02/08/2024							Officer (give title Other (spec below) Utice President					
(Street)			4. If Ar	nendment, Date of	Original	Filed	(Month/Day/Y	6. Indi Line)	,						
SPOKANE	WA	WA 99202								Form filed by More than One Reporting Person					
(City) (State) (Zip)					Rule 10b5-1(c) Transaction Indication            Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.										
Table I - Non-De				vative Securities Acquired, Disposed of, or Beneficially Owned											
			2. Transac Date (Month/Da		2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.		4. Securities / Disposed Of (	Acquired D) (Instr.	(A) or 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
						Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(11150. 4)		
Common Stock - Restricted Shares Grant 02		02/08/2	2024		Α		1,930 <sup>(1)</sup>	A	\$32.64	7,013	D				
Estimated Share	es held in 401(k	)									6.3349	Ι	Shares held in 401(k) Plan		
Shares Held in 1	Executive Defer	rral Plan									3,486.9707	Ι	Shares Held by		

																Trustee
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned         (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		l of		6. Date Exercisable and Expiration Date (Month/Day/Year)		r)	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisabl		xpiration ate	Title	Amount or Number of Shares				
Performance Shares Grant - 2024	(2)	02/08/2024		Α		4,504		(3)		(3)	Common Stock	4,504	\$32.64	4,504	D	

Explanation of Responses:

1. Restricted Shares vest 1/3 each year over a 3-year period and are payable in Avista Corp. Common Stock at the end of each year in the 3-year period.

2. No conversion price. Shares awarded if performance measure is met.

3. Each performance cycle is 3 years in length. Shares will be issued at the end of each 3-year cycle if performance measure is met.

/s/David J. Meyer

\*\* Signature of Reporting Person

02/12/2024

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.