FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

TATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

	OMB APP	ROVAL
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1	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* FELTES KAREN S				2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]										eck all applic Directo	ationship of Reporting k all applicable) Director Officer (give title below) Sr VP & Corp		10% Owner		
(Last) (First) (Middle) 1411 E MISSION AVE					3. Date of Earliest Transaction (Month/Day/Year) 02/08/2007									7			below)	Other (s below) Secretary	
(Street) SPOKANI	E WA		9202 (ip)		4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	dividual or Joint/Group Filing (Check Applicable) K Form filed by One Reporting Person Form filed by More than One Reporting Person						
		Table	e I - Non-	-Deriva	ative	Seci	urities	Acc	uired, E)isp	osed o	f, or I	Bene	eficiall	y Owned				
Date				action ZA. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4)				5. Amour Securitie Beneficia Owned F	s ally following	Form (D) o	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership					
									Code	v	Amount	(A) or (D)		Price	Reported Transact (Instr. 3 a	tion(s)			(Instr. 4)
Common Stock - Restricted Shares 02/08/				/2007		A		2,500	2,500 A		(1)	15,239			D				
		Ta	able II - D						ired, Di						Owned			, ,	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if if any (Month/Day	Date,	4. Transaction Code (Instr. 8)		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)	
					Code	v	(A)		Date Exercisabl		Expiration Date	Title		Amount or Number of Shares					
Performance Shares	(2)	02/08/2007			A		8,800		(3)		(3)	Comm		8,800	\$25.71	8,800		D	

Explanation of Responses:

- 1. Restricted shares vest one-third each year over a three-year period and are payable in Avista Corp. Common Stock at the end of each year in the three-year period.
- 2. No conversion price. Shares awarded if performance measure is met
- 3. Each performance cycle is three years in length. Shares will be issued at the end of each three-year cycle if performance measure is met.

02/12/2007

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.