FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPRO	VAL							
	OMB Number:	3235-0287							
l	Estimated average burden								
l	hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>EIGUREN ROY LEWIS</u>						2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]									5. Relationship of Reporting Person(s) t Check all applicable) X Director 109			Issuer Owner	
(Last) (First) (Middle) 1411 E MISSION AVE							3. Date of Earliest Transaction (Month/Day/Year) 05/11/2009								Offic belov	er (give title v)	Oth belo	er (specify w)	
(Street) SPOKANE WA 99202 (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Forn Forn	al or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transacting Date (Month/Day)						Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquired (A) (Disposed Of (D) (Instr. 3, 4)			and 5) Securi Benefi		cially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Ownership			
										v	Amount	(A) o (D)	r Pri	e	Transa	action(s) 3 and 4)		(Instr. 4)	
Common Stock 05/11/20							009		A ⁽¹⁾		632 ⁽²⁾	A	\$1	5.82(1)	1	0,295	D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Conversion or Exercise (Month/Day/Year) Price of Derivative Security Date (Month/Day/Year) Execution Date, if any (Month/Day/Year)			saction of (Instr. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		ative rities ired osed . 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. : and 4) Amount or Number of Title Shares		Deri Sec (Ins:	rice of vative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)		

Explanation of Responses:

- 1. Shares issued under the Long-Term Incentive Plan as an award of stock for director compensation. The price per share (per the LTIP) is the closing price on May 8, 2009.
- 2. Shares issued as part of Mr. Eiguren's director retainer.

/s/ Roy Lewis Eiguren 05/12/2009

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.