SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 11-K

(Mark One)

ANNUAL REPORT PURSUANT TO SECTION 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

FOR THE FISCAL YEAR ENDED DECEMBER 31, 2022

or

TRANSITION REPORT PURSUANT TO SECTION 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

FOR THE TRANSITION PERIOD FROM TO

Commission file number 1-3701

THE INVESTMENT AND EMPLOYEE STOCK
OWNERSHIP PLAN OF
AVISTA CORPORATION
(Full Title of the Plan)

AVISTA CORPORATION

1411 East Mission Avenue
Spokane, Washington 99202-2600
(Name of issuer of the securities held pursuant to the plan
and the address of its principal executive office)

THE INVESTMENT AND EMPLOYEE STOCK OWNERSHIP PLAN OF AVISTA CORPORATION

FINANCIAL STATEMENTS AND SUPPLEMENTAL INFORMATION

YEARS ENDED DECEMBER 31, 2022 AND 2021

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Report of Independent Registered Public Accounting Firm

To the Compensation and Organization Committee and Benefit Plans Administration Committee of The Investment and Employee Stock Ownership Plan Of Avista Corporation

Opinion on the Financial Statements

We have audited the accompanying statement of net assets available for benefits of The Investment and Employee Stock Ownership Plan of Avista Corporation (the "Plan") as of December 31, 2022, the related statement of changes in net assets available for benefits for the year then ended, and the related notes (collectively referred to as the "financial statements"). In our opinion, the financial statements present fairly, in all material respects, the net assets available for benefits of the Plan as of December 31, 2022, and the changes in net assets available for benefits for the year then ended in conformity with accounting principles generally accepted in the United States of America.

Basis for Opinion

These financial statements are the responsibility of the Plan's management. Our responsibility is to express an opinion on the Plan's financial statements based on our audit. We are a public accounting firm registered with the Public Company Accounting Oversight Board (United States) ("PCAOB") and are required to be independent with respect to the Plan in accordance with the U.S. federal securities laws and the applicable rules and regulations of the Securities and Exchange Commission and the PCAOB.

We conducted our audit in accordance with the standards of the PCAOB. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement, whether due to error or fraud. The Plan is not required to have, nor were we engaged to perform, an audit of its internal control over financial reporting. As part of our audit, we are required to obtain an understanding of internal control over financial reporting but not for the purpose of expressing an opinion on the effectiveness of the Plan's internal control over financial reporting. Accordingly, we express no such opinion.

Our audit included performing procedures to assess the risks of material misstatement of the financial statements, whether due to error or fraud, and performing procedures to respond to those risks. Such procedures included examining, on a test basis, evidence regarding the amounts and disclosures in the financial statements. Our audit also included evaluating the accounting principles used and significant estimates made by management, as well as evaluating the overall presentation of the financial statements. We believe that our audit provides a reasonable basis for our opinion.

Opinion on the Supplemental Information

The supplemental information included in Schedule H, line 4(i) – schedule of assets (held at end of year) as of December 31, 2022, has been subjected to audit procedures performed in conjunction with the audit of the Plan's financial statements. The supplemental information is the responsibility of the Plan's management. Our audit procedures included determining whether the supplemental information reconciles to the financial statements or the underlying accounting and other records, as applicable, and performing procedures to test the completeness and accuracy of the information presented in the supplemental information. In forming our opinion on the supplemental information in the accompanying schedule, we evaluated whether the supplemental information, including its form and content, is presented in conformity with Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974. In our opinion, the supplemental information in the accompanying schedule is fairly stated, in all material respects, in relation to the financial statements as a whole.

/s/ MossAdams LLP

Spokane, Washington June 26, 2023

We have served as the Plan's auditor since 2022.

Report of Independent Registered Public Accounting Firm

Compensation and Organization Committee Benefit Plans Administration Committee The Investment and Employee Stock Ownership Plan of Avista Corporation Spokane, Washington

Opinion on the Financial Statements

We have audited the accompanying statement of net assets available for benefits of The Investment and Employee Stock Ownership Plan of Avista Corporation (the Plan) as of December 31, 2021, the related statement of changes in net assets available for benefits for the year ended December 31, 2021, and the related notes (collectively referred to as the financial statements). In our opinion, the financial statements present fairly, in all material respects, the net assets available for benefits of The Investment and Employee Stock Ownership Plan of Avista Corporation as of December 31, 2021, and the changes in net assets available for benefits for the year ended December 31, 2021, in conformity with accounting principles generally accepted in the United States of America.

Basis for Opinion

These financial statements are the responsibility of the Plan's management. Our responsibility is to express an opinion on the Plan's financial statements based on our audit. We are a public accounting firm registered with the Public Company Accounting Oversight Board (United States) (PCAOB) and are required to be independent with respect to the Plan in accordance with the U.S. federal securities laws and the applicable rules and regulations of the Securities and Exchange Commission and the PCAOB.

We conducted our audit in accordance with the standards of the PCAOB. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement, whether due to error or fraud. The Plan is not required to have, nor were we engaged to perform, an audit of its internal control over financial reporting. As part of our audit, we are required to obtain an understanding of internal control over financial reporting, but not for the purpose of expressing an opinion on the effectiveness of the Plan's internal control over financial reporting. Accordingly, we express no such opinion.

Our audit included performing procedures to assess the risks of material misstatement of the financial statements, whether due to error or fraud, and performing procedures that respond to those risks. Such procedures included examining, on a test basis, evidence regarding the amounts and disclosures in the financial statements. Our audit also included evaluating the accounting principles used and significant estimates made by management, as well as evaluating the overall presentation of the financial statements. We believe that our audit provides a reasonable basis for our opinion.

/s/ CliftonLarsonAllen LLP

We are uncertain as to the year we (or our predecessor firms) began serving consecutively as the auditor of the Plan's financial statements; however, we are aware that we (or our predecessor firms) have been the Plan's auditor consecutively since at least 2001 to 2022.

Minneapolis, Minnesota June 24, 2022

Table of Contents THE INVESTMENT AND EMPLOYEE STOCK OWNERSHIP PLAN OF AVISTA CORPORATION

STATEMENTS OF NET ASSETS AVAILABLE FOR BENEFITS **DECEMBER 31, 2022 AND 2021**

		2022	2021
Assets:	<u>, </u>		
Investments (at Fair Value):			
Avista Corp. Company Stock Fund	\$	22,285,105	\$ 21,572,718
Self-Directed Securities		9,150,647	11,230,517
Collective Trust		55,064,186	55,013,393
Mutual Funds		576,262,505	695,055,053
Total Investments (at Fair Value)		662,762,443	782,871,681
Receivables:			
Employer Contributions		871,190	498,667
Notes Receivable from Participants		5,918,745	5,468,986
Total Receivables		6,789,935	5,967,653
Net Assets Available for Benefits	\$	669,552,378	\$ 788,839,334

See accompanying Notes to Financial Statements.

Table of Contents THE INVESTMENT AND EMPLOYEE STOCK OWNERSHIP PLAN OF AVISTA CORPORATION

STATEMENTS OF CHANGES IN NET ASSETS AVAILABLE FOR BENEFITS YEARS ENDED DECEMBER 31, 2022 AND 2021

	2022		2021	
Investment Income (Loss):				
Interest and Dividend Income	\$	26,666,222	\$	30,742,692
Net Appreciation (Depreciation) in Fair Value of Investments		(144,438,457)		70,482,081
Total Investment Income (Loss)		(117,772,235)		101,224,773
Interest Income on Notes Receivable from Participants		266,471		287,020
Contributions:				
Employee		22,747,517		20,449,619
Employer		13,580,214		11,519,730
Rollover		28,677,583		13,790,632
Total Contributions		65,005,314		45,759,981
Deductions:				
Benefits Paid to Participants		66,125,825		44,406,087
Administrative Expenses		660,681		723,840
Total Deductions		66,786,506		45,129,927
Net Increase (Decrease)		(119,286,956)		102,141,847
Net Assets Available for Benefits				
Beginning of Year		788,839,334		686,697,487
End of Year	\$	669,552,378	\$	788,839,334
See accompanying Notes to Financial Statements.				

NOTE 1. DESCRIPTION OF THE PLAN

The following description of The Investment and Employee Stock Ownership Plan of Avista Corporation (the Plan) provides only general information. Participants should refer to the Plan document for a more complete description of the Plan's provisions.

General

Effective January 1, 1984, Avista Corporation (Corporation, Company or Avista) established an Employee Investment Plan under Section 401(k) of the Internal Revenue Code (IRC). The Plan, which was restated effective January 1, 2016, and most recently amended effective November 11, 2022, is a defined contribution plan which is subject to the provisions of the Employee Retirement Income Security Act of 1974 (ERISA) and all statutory revisions thereto. The Plan implemented certain requirements by the Coronavirus Aid, Relief, and Economic Security Act and the Setting Every Community Up for Retirement Enhancement Act of 2019. These laws require the Plan to allow certain eligible individuals to receive coronavirus-related relief for loan repayment, suspend required minimum distributions, and delay the commencement date for required minimum distributions, among other changes. The optional features within these acts were not implemented. Written amendments to the Plan to reflect these operational changes will be adopted at a later date in accordance with applicable law and Internal Revenue Service (IRS) guidance. The purpose of this Plan, in which participation is voluntary, is to encourage employees to systematically save a portion of their compensation and to supplement their savings with contributions from the Corporation. All employees of Avista Corporation are eligible to participate in the Plan after their first pay period following employment. Students, leased employees, and collectively bargained employees (other than collectively bargained employees whose employment is subject to the terms of a collective bargaining agreement which provides for participation in the Plan) are ineligible to participate in the Plan.

Contributions

Plan participants may make contributions during any payroll period for which they receive earnings as eligible employees in an amount at least equal to 1% of their earnings. A participating employee's annual before-tax contribution was subject to IRC limitations of \$20,500 in 2022 and \$19,500 in 2021. Participants who have attained age 50 before the end of the Plan year are eligible to make catch-up contributions. Participants may also contribute amounts representing distributions from other qualified defined benefit or defined contribution plans, subject to IRC limits. Employee contributions represent tax-deferred compensation and Roth 401(k) after tax compensation and may be invested in the employee's choice of various fund options (each with a different investment objective and risk) in the combination specified by the employee. Employee contributions are made by payroll deduction and transferred to the Plan trustee as soon as practicable following the payroll period in which such amounts are withheld.

Plan participants hired prior to April 1, 2022 are automatically enrolled in the Plan upon eligibility at a 3% deferral rate, with an automatic increase of 1% each year up to 15%. Participants can opt out of the Plan at any time. Participants can change their deferral rate at any time.

Plan participants hired on or after to April 1, 2022 are automatically enrolled in the Plan upon eligibility at a 6% deferral rate, with an automatic increase of 1% each year up to 15%. Participants can opt out of the Plan at any time. Participants can change their deferral rate at any time.

Plan participants may transfer balances from other qualified defined benefit or defined contribution plans, and certain eligible retirement plans and accounts to the Plan.

The Corporation has an obligation to the trust fund for an amount equal to a percentage of employee contributions determined by the hire date of the employee.

All non-collectively bargained employees and Local 659 employees hired prior to January 1, 2006, and Local 77 employees hired prior to January 1, 2011, receive a matching contribution of 75% of employee contributions that does not exceed 6% of the employee's salary.

All non-collectively bargained employees and Local 659 employees hired on or after January 1, 2006, and Local 77 employees hired on or after January 1, 2011, receive a matching contribution of 100% of employee contributions that does not exceed 6% of the employee's salary.

Further, all non-collectively bargained employees hired on or after January 1, 2014, Local 659 employees hired on or after April 1, 2014, and Local 77 employees hired on or after April 1, 2017 as a Distribution Dispatcher or Gas Controller from outside Avista or who is ineligible to participate in the Retirement Plan for Employees of Avista Corporation, receive an additional non-elective employer contribution based on the employee's age. The table below illustrates the non-elective contribution rate assigned to the established age groups.

Age	Contribution as a Percentage of Eligible Pay
Younger than 40	3%
40-49	4%
50 or Older	5%

The Company matching contributions are made in the form of cash that is invested as directed by participants from among the investment options offered under the Plan.

Any employees who transfer or have transferred from a Local 77 employee directly to non-Local 77 employee on or after January 1, 2014, other than those Local 77 employees hired on or after April 1, 2017 as a Distribution Dispatcher or Gas Controller from outside Avista or who is ineligible to participate in the Retirement Plan for Employees of Avista Corporation, are not eligible for the non-elective employer contributions.

Participant Accounts

Each participant's account is credited with the participant's contribution and allocations of (a) the Company's contribution and (b) Plan earnings or losses, and charged with an allocation of administrative expenses. Allocations are based on participant earnings or account balances, as defined. The benefit to which a participant is entitled is the benefit that can be provided from the participant's vested account.

Vesting

Participant contributions are 100% vested at all times. Participants vest 100% in the Company matching contribution after one year of service or upon death, disability or reaching normal retirement age. Participants vest 100% in the non-elective employer contribution after three years of service or upon death, disability or reaching normal retirement age.

Notes Receivable from Participants

Participants may borrow from their fund accounts a minimum of \$1,000 up to a maximum equal to the lesser of \$50,000 or 50% of their vested account balance. Principal and interest is paid ratably through payroll deductions. The notes are secured by the balance in the participant's account and bear interest at a rate of prime rate plus 1%. The maximum term of a general loan is five years, and the maximum term of a primary residence loan is 10 years. Interest rates ranged from 4.25% to 8.50% at December 31, 2022, for loans maturing through 2032.

Payment of Benefits

Distributions to participants are permitted for termination, retirement, death, disability, or financial hardship. A participant with a financial hardship which imposes an immediate and heavy financial need that cannot be reasonably met by other sources may withdraw a portion of his/her account balance subject to provisions of the Plan. Distributions due to termination shall commence as soon as administratively feasible following the date a participant terminates employment. Distributions may be made in a lump sum, partial lump sum, equal annual installments over a period not to exceed 3 years, or monthly installments over not more than 15 years. If the vested amount is less than \$1,000, the account is paid in a lump-sum payment to the participant within a reasonable time frame. If the vested amount is more than \$1,000, the participant must consent to the distribution before it may be made.

Forfeited Accounts

At December 31, 2022 and 2021, forfeited non-vested accounts totaled \$189,160 and \$224,301, respectively. These accounts are used first to restore accounts for returning participants, and then are used to reduce the Company's obligations to make contributions under the Plan. If there are any excess forfeitures after the Company makes matching contributions, the excess amount may be used to pay administrative expenses under the Plan. In 2022 and 2021, forfeitures in the amount of \$151,681 and \$27,571 were used to reduce employer contributions.

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Each participant is entitled to exercise voting rights attributable to the shares allocated to his or her account and is notified by the Trustee prior to the time such rights are to be exercised. The Trustee will vote any shares on which such instructions have not been received, as well as unallocated shares, proportionately in the same manner as Avista Corporation Common Stock for which the Trustee received voting instructions, unless the Trustee determines that to do so would not be consistent with ERISA or a voting participant elects not to have his vote be used in this manner, in which case the Trustee will vote the non-voted or unallocated Avista Corporation Common Stock in a manner consistent with ERISA. Fractional shares will be combined to the largest number of whole shares and voted by the Trustee to the extent possible to reflect the voting direction of whole shares by the participants holding fractional shares.

Diversification

Diversification is offered to participants to provide the opportunity to move the value of their investment in the Avista Corporation Common Stock into investments which are more diversified. Participants are entitled to make an election to diversify up to 100% of the value of the Avista Corporation Common Stock held in their Employee Stock Ownership Plan (ESOP) account.

Employee Stock Ownership Plan (ESOP)

Effective January 1, 2006, the Avista Corporation Company Stock Fund was designated an ESOP. Employer and employee contributions into Avista Corporation Common Stock are classified as ESOP contributions.

NOTE 2. SIGNIFICANT ACCOUNTING POLICIES

Basis of Accounting

The accounting records of the Plan are maintained on the accrual basis of accounting in accordance with accounting principles generally accepted in the United States of America.

Use of Estimates

The preparation of financial statements in conformity with generally accepted accounting principles requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and changes therein, and disclosure of contingent assets and liabilities at the date of the financial statements. Actual results could differ from those estimates.

Investment Valuation and Income Recognition

The Plan's investments are reported at fair value. Fair value is the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. The Plan's Benefit Plan Administration Committee determines the Plan's valuation policies utilizing information provided by the investment advisors and custodian. See Note 3 for discussion of fair value measurements.

Purchases and sales are recorded on a trade-date basis. Interest income is recorded on the accrual basis. Dividends are recorded on the ex-dividend date. Net appreciation and depreciation includes the Plan's realized gains and losses and the unrealized appreciation and depreciation of investments.

Benefit Payments

Benefits are recorded when paid.

Notes Receivable from Participants

Notes receivable from participants are measured at their unpaid principal balance plus any accrued but unpaid interest. Interest income is recorded on the accrual basis. Related fees are recorded as administrative expenses and are expensed when they are incurred. No allowance for credit losses was recorded as of December 31, 2022 or 2021. If a participant ceases to make note repayments and the Plan administrator deems the participant note to be in default, the participant note balance is reduced and a benefit payment is recorded based on the terms of the Plan document.

Administrative Expenses

The Plan's expenses are paid either by the Plan or the Company, as provided by the Plan document. Expenses paid by the Company are excluded from these financial statements. Certain expenses incurred in connection with the general administration of the Plan paid by the Plan are recorded as deductions in the accompanying statements of changes in net assets available for benefits. Fees related to the administration of notes receivable from participants and benefit payments are charged directly to the participant's account and are included in administrative expense.

Subsequent Events

The plan administrator evaluated events and transactions occurring after the date of the statement of net assets through the date the financial statements were issued, and noted no events subject to recognition or disclosure.

NOTE 3. FAIR VALUE OF INVESTMENTS

The framework for measuring fair value provides a fair value hierarchy that prioritizes the inputs to valuation techniques used to measure fair value. The hierarchy gives the highest priority to unadjusted quoted prices in active markets for identical assets or liabilities (Level 1) and the lowest priority to unobservable inputs (Level 3). The three levels of the fair value hierarchy are described as follows:

Level 1: Inputs to the valuation methodology are unadjusted quoted prices for identical assets or liabilities in active markets the Plan can access.

Level 2: Inputs other than quoted prices included within Level 1 observable for the asset or liability, either directly or indirectly, such as:

- quoted prices for similar assets or liabilities in active markets;
- quoted prices for identical or similar assets or liabilities in inactive markets;
- inputs other than quoted prices observable for the asset or liability;
- inputs derived principally from or corroborated by observable market data by correlation or other means.

If the asset or liability has a specified (contractual) term, the Level 2 input must be observable for substantially the full term of the asset or liability.

Level 3: Inputs to the valuation methodology are unobservable and significant to the fair market value measurement.

The asset's or liability's fair value measurement level within the fair value hierarchy is based on the lowest level of any input that is significant to the fair value measurement. Valuation techniques maximize the use of relevant observable inputs and minimize the use of unobservable inputs.

Following is a description of the valuation methodologies used for assets measured at fair value. There were no changes in the valuation methodologies used at December 31, 2022 and 2021.

Mutual Funds: Valued at the daily closing price as reported by the fund. Mutual funds held by the Plan are open-end mutual funds registered with the Securities and Exchange Commission. These funds are required to publish their daily net asset value (NAV) and to transact at that price. The mutual funds held by the Plan are actively traded.

Collective Trust: Valued at the NAV of units of a collective trust. NAV is a readily-determinable fair value and is the price which participants are able to transact under the terms of the Plan. Participant transactions (purchases and sales) may occur daily. If the Plan initiates a full redemption of the collective trust, the issuer reserves the right to temporarily delay withdrawal from the trust in order to ensure securities liquidations will be carried out in an orderly business manner.

Common Stock: Valued at the closing price reported on the active market on which the individual securities are traded.

Avista Corporation Company Stock Fund: Includes shares of Avista Corporation and cash, and is reported based on unitized value.

Self-Directed Securities: Self-Directed Securities consist of mutual funds and common stocks and interest bearing cash that are valued on the basis of readily determinable market prices.

The following tables set forth by level, within the fair value hierarchy, the Plan's assets at fair value as of December 31:

	2022						
	Level 1		Level 2		Level 3		Total
Avista Corp. Company Stock Fund	\$ 22,285,105	\$	_	\$	_	\$	22,285,105
Self-Directed Securities	9,150,647		_		_		9,150,647
Mutual Funds	576,262,505		_		_		576,262,505
Collective Trust	_		55,064,186		_		55,064,186
Total Investments at Fair Value	\$ 607,698,257	\$	55,064,186	\$	_	\$	662,762,443
	 2021						
	T1.1						
	Level 1		Level 2		Level 3		Total
Avista Corp. Company Stock Fund	\$ 21,572,718	\$	Level 2	\$	Level 3	\$	Total 21,572,718
Avista Corp. Company Stock Fund Self-Directed Securities	\$ 	\$	Level 2 —	\$	Level 3 —	\$	
1 1 2	\$ 21,572,718	\$		\$	Level 3 — — — — — — — — — — — — — — — — — —	\$	21,572,718
Self-Directed Securities	\$ 21,572,718 11,230,517	\$		\$	Level 3 — — — — — — — — — — — — — — — — — —	\$	21,572,718 11,230,517

NOTE 4. INVESTMENTS

Participants of the Plan can invest in the Avista Corporation Stock Fund (stock fund). NAV is based on the fair value of the underlying Avista Corporation common stock and money market fund owned by the stock fund and then divided by the number of units outstanding. The stock fund consists of Avista Corporation common stock and Northern Trust Money Market Fund. The money market fund and common stock are valued as described in the previous paragraphs. At December 31, 2022, the stock fund held \$78,450 of cash and 500,813 shares of the Company's common stock with a value of \$22,206,048, which is based on a price per share of \$44.34. At December 31, 2021, the stock fund held \$29,496 of cash and 505,092 shares of the Company's common stock with a value of \$21,461,359, which is based on a price per share of \$42.49.

Plan investments in the Avista Corporation Company Stock Fund represented 3.33% and 2.73% of total Plan assets at December 31, 2022 and 2021, respectively. For the year ended December 31, 2022, the Plan's investment in this fund experienced net appreciation in fair value of approximately \$960,000 compared to the net appreciation of approximately \$1,500,000 experienced in 2021.

NOTE 5. RISKS AND UNCERTAINTIES

The Plan invests in various investment securities. Investment securities are exposed to various risks such as interest rate, market, and credit risks. Due to the level of risk associated with certain investment securities, it is at least reasonably possible changes in the values of the investment securities will occur in the near term and such changes could materially affect participants' account balances and the amounts reported in the statements of net assets available for benefits.

NOTE 6. PLAN TERMINATION

Although it has not expressed any intent to do so, the Company has the right under the Plan to discontinue contributions at any time and to terminate the Plan subject to the provisions of ERISA. In the event of Plan termination, the participants would become 100% vested in their Company contributions.

NOTE 7. PLAN TAX STATUS

The Plan is placing reliance on an opinion letter dated May 12, 2017, received from the IRS indicating the Plan is qualified under Section 401 of the IRC and is therefore not subject to tax under current income tax law. The Plan administrator believes the Plan is designed and is currently being operated in compliance with the applicable requirements of the IRC.

Accounting principles generally accepted in the United States of America require Plan management to evaluate tax positions taken by the Plan and recognize a tax liability (or asset) if the Plan has taken an uncertain position that more likely than not would not be sustained upon examination by the IRS. The Plan administrator hs analyzed the tax positions taken by the Plan, and concluded that as of December 31, 2022, there are no uncertain positions taken or expected to be taken that would require recognition of a liability (or asset) or disclosure in the financial statements. The Plan is subject to routine audits by taxing jurisdictions; however, there are currently no audits for any tax periods in progress.

NOTE 8. PARTY-IN-INTEREST TRANSACTIONS

The Plan investments are managed by Vanguard Fiduciary Trust Company (Vanguard). Vanguard is the trustee as defined by the Plan, and therefore, the investment transactions qualify as party-in-interest transactions. SageView is the investment advisor for the Plan, and fees paid for investment advisory services qualify as party-in-interest transactions. These party-in-interest transactions are exempt from the prohibited transaction rules of ERISA. Fees incurred by the Plan for investment management services and investment advisory services are included in administrative expenses. Certain other expenses of the Plan for recordkeeping, legal and accounting fees are included in administrative expenses paid by the Company are not included in the statements of changes in net assets available for benefits.

THE INVESTMENT AND EMPLOYEE STOCK OWNERSHIP PLAN OF AVISTA CORPORATION

E.I.N. 91-0462470 PLAN NO. 003

SCHEDULE H, LINE 4i -- SCHEDULE OF ASSETS (HELD AT END OF YEAR) DECEMBER 31, 2022

(a)	(b)	(c)	(d)	(e) Current
	Identity of Issue	Description of Investment	Cost**	 Value
	Common Stock:			
*	Avista Corporation	Company Stock Fund		\$ 22,285,10
	Self-Directed Securities:			
	VGI Brokerage Option	Vanguard Brokerage Option		9,150,64
	Mutual Funds:			
	Baird Core Plus Bond Fund Instl Class	Registered Investment Company		7,680,25
	MFS Growth Fund Class R6	Registered Investment Company		26,600,0
	T. Rowe Price Inst'l Large Cap Value Fd C	Registered Investment Company		18,474,78
	T. Rowe Price QM US Sm-Cap Grwth Eqty Fd I	Registered Investment Company		3,408,40
	Transamerica International Equity R6	Registered Investment Company		4,423,59
*	Vanguard Federal Money Market Fund	Registered Investment Company		14,799,2
*	Vanguard Infla-Prot Securities	Registered Investment Company		6,855,72
*	Vanguard Institutional Index Fund	Registered Investment Company		114,477,6
*	Vanguard Target Ret 2020 Fd	Registered Investment Company		5,705,80
*	Vanguard Target Ret 2025 Fd	Registered Investment Company		10,253,5
*	Vanguard Target Ret 2030 Fd	Registered Investment Company		9,389,5
*	Vanguard Target Ret 2035 Fd	Registered Investment Company		6,444,6
*	Vanguard Target Ret 2040 Fd	Registered Investment Company		6,949,0
*	Vanguard Target Ret 2045 Fd	Registered Investment Company		8,773,2
*	Vanguard Target Ret 2050 Fd	Registered Investment Company		11,057,5
*	Vanguard Target Ret 2055 Fd	Registered Investment Company		7,823,53
*	Vanguard Target Ret 2060 Fd	Registered Investment Company		5,102,3
*	Vanguard Target Ret 2065 Fd	Registered Investment Company		712,8
*	Vanguard Target Ret 2070 Fd	Registered Investment Company		18
*	Vanguard Target Ret Income	Registered Investment Company		3,874,2
*	Vanguard Intl Growth Fund Admiral Shares	Registered Investment Company		5,739,0
*	Vanguard Mid-Cap Index Fund Instl Shares	Registered Investment Company		31,972,3
*	Vanguard Sm-Cap Growth Index	Registered Investment Company		26,331,7
*	Vanguard Sm-Cap Value Index	Registered Investment Company		11,703,6
*	Vanguard Total Bd Mkt Indx Inv	Registered Investment Company		53,373,2
*	Vanguard Total Int'l Stock Idx	Registered Investment Company		56,360,5
*	Vanguard Wellington Fund Admiral Shares	Registered Investment Company		115,720,9
	Victory Sycamore Sm Co Opportunity Fd R6	Registered Investment Company		2,254,6
	······································	Total Mutual Funds		576,262,5
	Collective Trust:			
*	Vanguard Retirement Savings Trust III	Collective Trust		55,064,1
*	vanguard Retirement Savings Trust III	Collective Trust		 55,064,1
*	Participant Loans-Interest Rates 4.25% - 8.5%			
	Maturing through 2032	Loan Fund	_	5,918,7
				\$ 668,681,1

 $^{{\}color{red} *} \ \ Designates \ party-in-interest.$

^{**} Cost omitted for participant-directed investments.

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Exhibit 23.1 Independent Auditors' Consent of MossAdams LLP Exhibit 23.2 Independent Auditors' Consent of CliftonLarsonAllen LLP

SIGNATURES

The Plan. Pursuant to the requirements of the Securities Exchange Act of 1934, the trustees (or other persons who administer the employee benefit plan) have duly caused this annual report to be signed on its behalf by the undersigned hereunto duly authorized.

THE INVESTMENT AND EMPLOYEE STOCK OWNERSHIP PLAN FOR EMPLOYEES OF AVISTA CORPORATION

By: /s/ Kevin Christie

Name: Kevin Christie

Title: Senior Vice President Chief Financial Officer, Treasurer &

Regulatory Affairs Officer

Date: June 26, 2023

CONSENT OF INDEPENDENT REGISTERED PUBLIC ACCOUNTING FIRM

We consent to the incorporation by reference in the Registration Statement No. 333-33790 on Form S-8 of Avista Corporation of our report dated June 26, 2023, relating to the statement of net assets available for benefits of The Investment and Employee Stock Ownership Plan of Avista Corporation as of December 31, 2022, the related statement of changes in net assets available for benefits for the year ended December 31, 2022, and the related supplemental schedule as of December 31, 2022, appearing in this Annual Report on Form 11-K of The Investment and Employee Stock Ownership Plan of Avista Corporation for the year ended December 31, 2022.

/s/ MossAdams LLP Spokane, Washington June 26, 2023

CONSENT OF INDEPENDENT REGISTERED PUBLIC ACCOUNTING FIRM

We consent to the incorporation by reference in the Registration Statement (No. 333-33790) on Form S-8 of our report, dated June 24, 2022, with respect to the statement of net assets available for benefits as of December 31, 2021 and statement of changes in net assets available for benefits for the year ended December 31, 2021, appearing in the Annual Report on Form 11-K of The Investment and Employee Stock Ownership Plan of Avista Corporation for the year ended December 31, 2022.

/s/ CliftonLarsonAllen LLP Minneapolis, Minnesota June 26, 2023